



Stowe Derby "Descent Recon"

Friday, February 14, 2014

1:30 pm sharp

Look Out Double, [Stowe Mountain Resort](#),
Stowe, Vermont

**Are you unsure you have the guts... or the ability to ski the descent?
Come and give it a shot!**

Please join us on Friday, February 14th, 2014 at 1:30pm

Pre-ski... practice, observe and record the Stowe Derby descent. Come and feel what it is like to tackle those turns on skinny skis, and hopefully figure out that it is not so bad, AND the most fun you'll ever have on skis!

Ski alone or with the group. Get the inside scoop on how to get an edge over other racers, and locate and ascertain strategic features to dominate the thrilling downhill portion of this amazing ski race! Available to coach and offer tips will be Trina Hosmer, a member of the first U.S. Women's Cross-Country Ski Team who trains, races and wins several gold medals in her age group in World Master's XC Ski Championships. Trina also co-chairs the New England Women's XC Ski Day and runs a weekly training program in Stowe for women teaching them how to ski more efficiently.

All participants please meet at the base of the Look Out Chair at Stowe Mountain Resort (top of the stairs above the Base Lodge) at 1:30 pm sharp. Cross-Country skis are welcome but participants are asked to stay on the Auto Toll Road. One run per participant. Plan your own transportation back to your car if you decide to ski past the parking lot.

This FREE event is possible because of the generosity of the Stowe Mountain Resort.

A \$5 donation is suggested and will benefit to the [Junior National Championships](#).

Contact stowederby@teammmsc.org for more information. More background information on the Stowe Derby race is available online at [here](#).