



Stowe Derby "Descent Recon"

Friday, February 13, 2015

1:30 pm sharp

Look Out Double, [Stowe Mountain Resort](#),
Stowe, Vermont

**Are you unsure you have the guts... or the ability to ski the descent?
Come and give it a shot!
Skiers ONLY - Sorry no Fat Bikes**

Pre-ski... practice, observe and record the Stowe Derby descent. Come and feel what it is like to tackle those turns on skinny skis, and hopefully figure out that it is not so bad, AND the most fun you'll ever have on skis!

Ski alone or with one of the three groups. Get the inside scoop on how to get an edge over other racers, and locate and ascertain strategic features to dominate the thrilling downhill portion of this amazing ski race! Sam vonTrapp of Trapp Family Lodge will be available to coach and offer tips to expert skiers. Trina Hosmer is a member of the first U.S. Women's Cross-Country Ski Team and trains, races and wins several gold medals in her age group in World Master's XC Ski Championships. Trina and husband David both head the local Nordic ski groups and will ski with intermediate and less advanced skiers.

All participants please meet at the base of the Look Out Chair at Stowe Mountain Resort (top of the stairs above the Base Lodge) at 1:30 pm sharp. Cross-Country skis are welcome but participants are asked to stay on the Auto Toll Road. One run per participant. Plan your own transportation back to your car if you decide to ski past the parking lot.

DRESS WARMLY, THIS IS A DOWNHILL ADVENTURE ONLY, NOT A RACE!

This FREE event is possible because of the generosity of the Stowe Mountain Resort.

A \$5 donation is suggested and will benefit to the [STOWE NORDIC](#).

Contact stowederby@teammmsc.org for more information. More background information on the Stowe Derby race is available online at [here](#).

